

June 23
Specialist Camp

July 24
Stormfest 9-10 Grade Team Camp

July 25-26
Simpson College Team Camp

Simpson College Volleyball Camps provide a unique camp experience for volleyball players. Camps include a variety of options including skills instruction, specialized position training, team building, team development, player contests and team competition. Team camps offer an outstanding opportunity for teams to prepare for the 2019 season.

CAMP FORMAT

Each camp is performance based. A diverse format is planned with maximum use of time for training. Camp schedules will be educational, fun, and a positive experience for players and coaches. Camps are fine-tuned each year to make them the **best in Iowa!**

ATHLETIC TRAINER PROVIDED

A certified athletic trainer is available for assistance during all camp sessions.

TEAM CAMP HOUSING

Several lodging options are available in Indianola and nearby Des Moines for commuter teams. On-campus housing is available for the Simpson College Team Camps. Resident teams will be housed in nearby residence halls. All rooms are air conditioned; players must provide their own bedding and towels.

SIMPSON COLLEGE VOLLEYBALL CAMPS WAIVER FORM

Name _____

Address _____

City/State _____

Zip _____ Phone _____

Email _____

Camp(s)/Dates _____

In signing this consent statement, I certify that my daughter has permission to attend the 2019 Simpson College Volleyball Camp (named above). In addition, I authorize the accompanying coach and/or camp directors to act for me according to their best judgment in any emergency requiring medical attention.

I hereby waive and release Simpson College and the camp coaches and directors from liability and cost for injury. I do not know of any mental or physical problems which may affect my child's ability to safely participate in this camp. I further certify that the above-mentioned person has medical insurance in case of emergency.

Signature _____

Date _____

INSURANCE INFORMATION

Name of Insured _____

Policy Holder _____

Insurance Co. _____

Group No. _____

Policy No. _____

CAMP STAFF

LANA SMITH has built one of the top programs in the Iowa Conference in her 20 years at Simpson. Under her leadership, the Storm have achieved regional and national success. Her accomplishments include 335 career wins at Simpson, two Iowa Conference Championships (2006, 2009) and three NCAA Tournament berths (2006, 2008, 2009). Smith is an Iowa Conference Coach of the Year and also serves as Simpson's Assistant Athletic Director and Senior Women's Administrator.



A highly successful head coach at both the high school and Iowa Region club levels, Smith has exceptional skills in facilitating camp sessions. She is able to closely relate to the challenges of today's competitive high school volleyball programs. Prior to taking over at Simpson, Smith compiled a 243-89 record in nine years at Indianola High School, winning five conference titles and appearing in four state tournaments.



TONY SUNGA is Simpson's assistant coach and will assist with all camp sessions. Sunga is a veteran coach with more than 20 years of coaching experience, ranging from high school and club volleyball to NCAA Division I. He previously served as the head coach at Drake University and an assistant at the University of Wyoming. Sunga has also served as a coach in the USA

Volleyball High Performance Player Development Program.

SMITH AND SUNGA, as co-coaches in the Central Iowa Select Volleyball Club, led their teams to three consecutive USA Volleyball Junior National Championships, winning the 16's American Division Championship in 2012 and 18's National Division Championship in 2014.

A **highly energetic** staff will be assembled to provide a premier camp experience. Included will be Simpson's other assistant coaches and experienced players who will assist with instruction, demonstrations, supervision and training.

A TRADITION OF SUCCESS

- 7 NCAA Tournament Appearances
- 8 Iowa Conference Championships
- 8 Iowa Conference MVP's
- 10 AVCA All-Americans
- 81 All-Conference Performers

SIMPSON COLLEGE

701 North C Street
Indianola, IA 50125
www.simpson.edu



VOLLEYBALL SUMMER CAMPS

2019



SUMMER CAMPS

VOLLEYBALL

SPECIALIST CAMP

Sunday, June 23

Features

- An all-day commuter camp
- Provides skills training for specialized positions
- Includes sessions for:
 - Setters, middle hitters, outside hitters, liberos and defensive specialists
- For high school players entering grades 9-12

Cost

- \$100 per player

Session

- 1:00 p.m. - 8:00 p.m. (dinner included)

Camp Check-In

- 12:30 p.m. at Cowles Center

STORMFEST 9-10 GRADE TEAM CAMP

A one-day, team camp for teams competing at the 9-10 grade level in Fall 2019

Wednesday, July 24

Features

- Formatted to emphasize team play
- Opportunity for skills demonstrations and practice
- Camp competition with emphasis on game experience
- Camp contests and awards
- Lunch included

Cost

- \$50 team registration fee (required to reserve spot)
- \$45 per player

Session

- 8:30 a.m. - 6:00 p.m. (lunch included)

Check-In

- 8:00 a.m. at Simpson Athletic Complex

SIMPSON COLLEGE TEAM CAMP

The 28th annual two-day competition camp for Iowa high school varsity teams.

Thursday-Friday, July 25-26

Features

- Competitive training and an all-camp tournament
- Combination of instruction, demonstrations and training
- Maximum opportunity for on-court matches
- Emphasis on team concepts and game experience
- Team drills with round-robin, competitive format
- Team-building
- Camp contests and awards
- Officials provided for all matches
- Lots of fun
- Camp t-shirt

Breakaway Training Session

Team sessions with leadership by Simpson camp staff. Focus will be team skill training, and a successful team culture.

In the Spotlight

Presentations and assistance by guest coaches

Cost

- \$50 team fee (required to reserve spot in camp)
- \$75 per player for commuters (includes t-shirt, Thursday's lunch and dinner)
- \$135 per player for resident campers (includes t-shirt, campus housing and all meals)
- Resident fees included for one camp coach

Check-In

(Minimum of eight players recommended)

- Residents
 - Wednesday, July 24 at 7 p.m.
- Commuters
 - Thursday, July 25 at 8 a.m.

TEAM REGISTRATION

(to be completed by coach)

School _____
 Coach _____
 Address _____
 City _____ State _____ Zip _____
 Home Phone _____
 Cell Phone _____
 Email _____

Stormfest 9-10 Grade Team Camp July 24
 Team Fee \$50
 Individual Fee (Commuter) \$45 x () _____

Simpson College Team Camp July 25-26
 Team Fee \$50
 Individual Fee (Commuter) \$75 x () _____
 Individual Fee (Resident) \$135 x () _____
 Additional Resident Coach \$75 x () _____

Team Registration: Submit the \$50 team fee and team registration form to guarantee a spot in any team camp. In addition, each player is required to complete the individual registration and waiver form prior to camp. Online registration is available at:

www.simpsonvolleyballcamps.com

Team Camp Deadline: Player fees and the individual registration forms and waivers are due prior to camp. Early Registration Discount: When ALL player fees and forms are received prior to July 1, the \$50 team fee will be refunded.

Confirmation: A letter of confirmation and team roster will be sent when the team camp registration is received. Schedule information will be provided for coaches following registration deadlines.

Send registration forms, waivers and camp fees to:
 Barb Overton, Camp Coordinator
 Simpson College, 701 North C Street
 Indianola, IA 50125

INDIVIDUAL REGISTRATION

(include waiver form)

Name _____
 Address _____
 City _____
 State _____
 Zip _____
 Home Phone _____
 Cell Phone _____
 Email _____
 School _____
 Grade (fall, 2019) _____
 Age _____
 Position _____
 Parent Name _____
 Amount Enclosed _____
 Adult T-Shirt Size (circle one) S M L XL

SPECIALIST CAMP June 23
 Commuter \$100
Registration deadline is Friday, June 7

STORMFEST 9-10 GRADE TEAM CAMP July 24
 Commuter \$45

SIMPSON COLLEGE TEAM CAMP July 25-26
 Commuter \$75
 Resident \$135

For more information
 Contact Lana Smith, 515-961-1641,
lane.smith@simpson.edu
 Online registration available at: www.simpsonvolleyballcamps.com